

# The SCORE Skills

Professional Development Guide

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# Overhead Transparencies & Instructional Materials

## **Overhead Transparencies** (OH = Overhead):

- OH #1: What are social skills?
- OH #2: Why teach social skills?
- OH #3: What is a socially competent person?
- OH #4: What are the SCORE Skills?
- OH #5: Why teach the SCORE Skills?
- OH #6: Who should learn the SCORE Skills?
- OH #7: When should you teach the SCORE Skills?
- OH #8: Basic components of the SCORE manual
- OH #9: Instructional Stages
- OH #10: The SCORE Skills
- OH #11: The SEE Steps
- OH #12: The Share Ideas Skill
- OH #13: The Compliment Others Skill
- OH #14: The Offer Help or Encouragement Skill
- OH #15: The Recommend Changes Nicely Skill
- OH #16: The Exercise Self-Control Skill

## **Instructional Materials** (M = Material):

- M #1: Activity: Potential Problems, Possible Solutions
- M #2: Becoming Familiar with SCORE: Instructions for Trainers
- M #3: Becoming Familiar with SCORE: Option 1: Turn to Your Neighbor
- M #4: Becoming Familiar with SCORE: Option 2: Jigsaw
- M #5-9: Individual SCORE Skills Fact Sheets

# What are social skills?

Behaviors that enable an individual to interact successfully with another person or group of people.

They include:

- Saying “Hello,”
- Looking into another person’s eyes,
- Listening to what another person has to say, and
- Shaking someone’s hand.

# Why teach social skills?

- Without acceptable social skills, young people have difficulty interacting successfully in school, at home, and on the job.
- Repeated failures in the social realm can create a self-defeating pattern of discouragement and isolation.
- Good social skills are essential for working effectively on teams or in a group.

# What is a socially competent person?

- Someone who can accurately perceive situations where social skills can be used.
- Someone who can discriminate which social skill is appropriate for a given situation.
- Someone who can perform a social skill in such a way that positive consequences are highly likely to occur.
- Someone who can perceive another person's verbal & nonverbal cues.
- Someone who can adjust his or her performance of a social skill to react appropriately to other's responses.
- Someone who is motivated to use the skill.

# What are the SCORE Skills?

- A set of social skills that are foundational to effective cooperative group work.
- A set of social skills that are central to helping people establish positive relations with others.

# Why teach the SCORE Skills?

- To enable students to participate as productive, effective members of a team.
- To improve the ability of all students to interact in socially appropriate ways.
- To provide students with the skills necessary to establish & maintain positive relationships with their peers.

# Who should learn the SCORE Skills?

- Students in any general education classroom.
- Students who work on teams or in cooperative groups.
- Students who have difficulty interacting with peers and adults.

# When should you teach the skills?

- Ideally, at the beginning of the school year or a new grading period.
- Before initiating cooperative group activities.
- As early as possible within a student's educational career.

# Basic components of the SCORE manual

- Introduction/Overview
- Instructional Lessons
- Instructional Tips
- Cue Cards
- Student Materials

# Instructional Stages

- Give an Advance Organizer
- Introduce and Describe
- Discuss the Skill Steps
- Model the Skill
- Conduct Verbal Practice
- Conduct Role-Play Practice
- Give a Post-Organizer
- Conduct an Application Activity
- Take It a Step Further

# The SCORE Skills

**S**hare ideas

**C**ompliment others

**O**ffer help or encouragement

**R**ecommend changes nicely

**E**xercise self-control



# The SEE Steps

## Sound

HOW YOUR VOICE SOUNDS

- Pleasant
- Neutral



## Expression

HOW YOUR FACE LOOKS

- Pleasant
- Neutral



## Eye contact

LOOKING INTO THE OTHER  
PERSON'S EYES



# The Share Ideas Skill

Sound: pleasant  
Expression: pleasant  
Eye contact

Tell your idea.



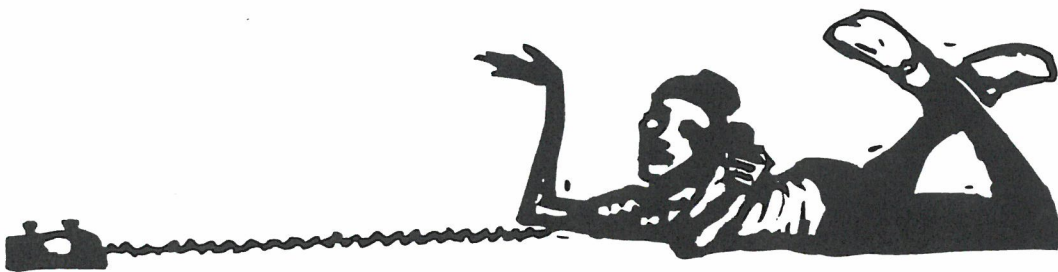
# The Compliment Others Skill

Sound: pleasant

Expression: pleasant

Eye contact

Say something nice.



# The Offer Help or Encouragement Skill

Sound: pleasant

Expression: pleasant

Eye contact

Ask if the person wants help.

Give help.

Offer encouragement.



# The Recommend Changes Nicely Skill

**S**ound: neutral

**E**xpression: neutral

**E**ye contact

Say what was good.

Explain what could be changed.

Make a suggestion.



# The Exercise Self- Control Skill

Sound: neutral

Expression: neutral

Eye contact

Count to 5.

Ask a question.

Say “thanks” or “okay.”

