

## **Basketball Moves**

Many people show interest towards the sport of basketball which requires some very difficult techniques. As a result, there are many different types of shots in basketball such as the 3 point shot, jump shot, bank shot, slam dunk and the layup just to name a few. Because of the wide variety of shots there are, everyone should know at least one. On the other hand, if you miss the shot and it does not hit the rim or backboard this is the worst miss possible. If one has a big crowd watching then they are likely to chant air ball at him. Despite the, facts about a missed shot James Naismith created basketball in 1891 which consisted of only 13 rules. That may seem like a lot but now 100 rules exist which have evolved over the last century. Indeed, Wilt Chamberlain played for KU and professionally for the Warriors; He was good at basketball; he scored 100 points against the New York Knicks. He was the first ever to have scored that many which happened March 2<sup>nd</sup> 1962. He more than likely used many of the common shots used in basketball. The jump shot, 3 point shot and layup are the most common shots in basketball.

Generally the jump shot is the most ordinary. Also, the jump shot was created by Ken Sailors in 1934. He was a point guard for the Wyoming Cowboys and after that he went on the play 6 years in Professional Basketball. After this, the Jump Shot has developed may varieties like the turnaround and the fade away. The fade away is when one is taking a jump shot and jumping in a backwards motion. In fact, a jump shot happens when one jumps, quickly releases the ball and executes the shot fast. If the shot is not executed fast, there is a high chance of the defender blocking the shot. In fact, most people think that this shot is the easiest if one has a defender. If one is wide open, call for the ball and drive it in the lane as the best option.

Lately, a lot of teams have run a lot of fast breaks at the end of the game to get two easy points by shooting a layup. In fact, the layup is the most basic shot. A lay up is only worth two points because it is easier to make them then most other shots. Usually, only one hand is used when taking a layup off the backboard. It maybe harder for some people to shot a layup with one hand, but it's the proper way to do it. In addition, to using one hand, one must leap from below the goal and lay the ball up into the hoop. Leaping when taking the shot increases the velocity of the ball. If one is not open in the lane, he should pass the ball back out for a 3 point shot.

However, if a team is losing by two they will likely go for a 3 point shot to end the game. In fact, the 3 point line for college basketball is 22 feet away from the goal, but in the National Basketball Association it is 25 feet away from the goal. Once one goes to the National Basketball Association things become much harder than in college. After all, the 3 point shot was created in the 60's for the National Basketball Association and became available to collegiate in the late 80's. This shot has caused many upsets in basketball. Indeed, if one's feet are in front of or on the line the shot is counted as a two point shot. This will cause many coaches to be upset with the referees if they call it a two when it was a 3 point shot. The 3 point shot is probably the most exciting shot in basketball.

To conclude, the different types of shots in basketball are what makes it so unique. For one thing, layups are the easiest and most common shots off a fast break. Additionally, the 3 point shot is the hardest shot to make in basketball. Again, the jump shot can be taken from anywhere on the court. Since basketball has such a wide variety of moves, players have many choices on the shots they take such as 3 point shots, layups, or jump shots.

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7. THESIS STATEMENT DRAFT: \_



There are many characteristics needed to be a best friend. One of the characteristics is making me happy when ever I see them. When every I am around them, I am in a good mood. To be a best friend they would have to treat me good. They would have to treat me as if I were there family. They also would like to hangout a lot and we would spend time with eachother. They have to want to do things with me. In addition being a best friend include being funny, trustworthy, and reliable.

The first characteristic that is important is being funny. First of all, I would want a best friend that would mess around. I like friends that doesn't take everything serious. Secondly, they must have funny jokes to tell. I am a person that can tell a good joke and is a good friend. Lastly, when ever I see them they must lighten up my day. I just know when I see them there is something funny coming.

To be a best friend you must be trustworthy. For starters, I could tell them anything. They would keep it a secret between them and I. Also, when I lend him money, he will pay me back. He will not be greedy. In addition, he will never do wrong toward me. He would not hurt me in any kind of way.

This best friend has to be reliable. He has to take your side for everything. If I am in a pickel he helps you out. He always looks out for me. If something bad is about to happen he has got my back. He is always there when me need him. He can sence that something is wrong with me.

Being a best friend takes hard work. They have to make me laugh by being comical. He must make me feel good all of the time because of his jokes. He must be faithful and loyal. He will never throw me under the bus. When I need him, he must be dependable. If he says he will do something for me he does it. To conclude, a best friend must bring funny laughter, trustworthy actions, and reliable decision making.

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## My School

My school, Pine Ridge High, resembles a stereotypical brick and mortar school reminiscient of the 1950s. In fact, it moved to its current location in 1954. The exterior architecture harkens back to the mid-20<sup>th</sup> century. Also, the school is centrally located within the town of Pine Ridge and by several different streets. It is comprised of a sprawling suburban campus that occupies a fair amount of space due to its large athletic complexes and annex building. In addition, the sports program has become more important over the past several years. The athletic complexes were expanded and refurbished as recently as five years ago. In addition, the way the school looks on the outside, how it looks on the inside, and who works and attends the school there makes it a unique and special place.

Fundamentally, the inside appearance of the school is a testament to a combination of many architectural designs. Upon entering the school the most striking feature of the design is the octagonal rotunda situated just east of the cafeteria. I love this rotunda! Featuring small portraits of prominent alumni (ranging from Google Executives to Governors), this main thoroughfare serves as a reminder of the tradition and pride displayed at the school. Another common feature are the white, black, and red walls. Though the walls have been refurbished several times over the past couple decades the color scheme has not. The most interesting and storied feature of the school's inside appearance is the E-2 intersection located at the heart of the building. Throughout school history, E-2 has been the site of rousing student speeches, student traffic jams, and memories for all.

The outside appearance of the school is also notable to the wandering eye. The first thing a person would notice about the school's main entrance is the iconic 1950s era Pine Ridge High sign. Not changed since 1954. Just below the sign, sitting proud on a pedestal is the Chesty Lion statue. It has a shiny bronze exterior. Mixing nostalgia for a bygone era and reverence for a bright future, this statue humbles students as they walk through the main entrance every day.

What is perhaps most remarkable about Pine Ridge High is its inhabitants. Considered to be one of the most racially and socioeconomically diverse schools in the state, the school caters to a broad swath of students from all walks of life. Diversity has fueled nothing but closer bonds amongst the student body and academic and athletic achievement. Compounding the diversity of the school, for the most part, the students are heavily involved in extra curricular activities that enrich young lives and make better people. Club activities, sports practices, and debate preparation will often keep dedicated students busy and on campus long after class ends for the day. Most importantly, however, Pine Ridge employs some of the most hardworking, intelligent, and committed teachers in the country. Dedicated and caring teachers translate into smarter, more caring, and successful students of which the school has no shortage.

All in all, Pine Ridge is a phenomenal academic establishment with a variety of features that make it great. First its inside appearance and architecture serves as a reminder of tradition and pride ever so present in the hallowed halls of the school. Students who attend never lose a sense of history and understand their place in carrying on the legacy of being a Chesty Lion. Second, its outside appearance suggests a synthesis of the past and present building toward a bright future for all students. Its external layout perfectly facilitates a safe and student-friendly environment. Third, due to extensive diversity, student involvement extracurriculars, a strong emphasis on academic and athletic excellence, the school is defined by its inhabitants. It is safe to say, this is one of the greatest schools in the country and will continue to churn out productive, innovative members of society. Without a question, the school is the place to be and it's always a great day to be a Lion.

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A good summer job should have three characteristics. First, it needs good work hours. Three to for hours and for days a week is good. Second the pay should be good for the work. If you work three hours you may get between \$24 and \$30. Third the job should be something you like and not boring. If you like to pizza work in a pizza place. Lastly those tree requirements make a good summer job.

one, a good summer job can be outdoors. First, mowing lawns is a good job. Your grass gets cut and you get exercisers. Secant, gardening is also a good job for the summer. A garden will brighten your yard and make it more inviting to guests. Third, if you like dogs a dog walking is a good summer job for you. A dog walking would be a easy job during the summer.

two, a good summer job can be indoors. First, baby siting is a good job for the summer. Baby siting can be a year long job and a summer job. Secant, clean your home, your shop or restaurant as a job You can vacuum, dust and organize your home. Third, work at your favorite restaurant. You could take orders or clean up tables.

Three, Other summer jobs can be pushing carts, making stuff and working at a gas station. First, you could push carts at your local groceries store. You bag groceries and their push carts. Secant, you can make stuff like bird houses or stained glass. You can also make toys and food. Third, you could work a a gas station. You can work at the cash register and clean the store.

Last, summer jobs should have good traits. First, the job has to end when schools' back. When school starts back up, the job stops. Secant, you need to work with good people. The people you work with have to be people you like. Third, you need to have fun. The people you work with should be fun and what you do should be fun. A good summer job has good people, stops when schools back and is fun. These three traits help with outdoor, and indoor jobs.

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## **Characteristics of a Good Summer Job for Teenagers**

A good summer job for teenagers might seem hard to come by. Despite this, if one looks hard enough, one just might be able to find one that suits his or her personality. When beginning a job hunt, it is smart to check the employer or establishment online to see reviews. This may indicate the level of respect paid to employees and the responsibility of the owners. It would be helpful to establish early on that the nature of the job would be short-term encompassing only several months. Moreover, once school resumes in the fall, it will be difficult to maintain good grades and a heavy workload. Furthermore one should look for a job that emphasizes punctuality and work ethic. This will ensure that one's time is well spent. Lastly, the strongest determinants of a good summer job for a teenager include flexibility, character building, and gaining limited financial independence.

The first key characteristic of a good summer job is flexibility. For example, having some degree of control over ones' schedule and hours is monumentally empowering. It reinforces a commitment to punctuality and sharpens the distinction between work and leisure time. In the same way, setting ones' own hours allows for time to study and engage in critical thinking during the summer. Teenagers can lose a lot of knowledge over the course of the summer months. Therefore, it is imperative that one at least has time to read a book or practice word puzzles to refresh academic memory. Furthermore, setting one's hours allows time for leisure activities. This is essential to preventing burnout and exploitation by even well-intentioned employers. A tired and over-worked employee almost always make mistakes.

The second key characteristic of a good summer job is the job's potential to build and nurture strong character. Moreover, being placed in a healthy positive work environment engenders a sense of integrity. It builds work ethic being on time and following guidelines. Naturally, one develops a greater commitment to discipline and sticking to pre-set times. This creates and reinforces strong habits during formational developmental years. Indeed these habits carry into adulthood. A good job with clear goals and objectives to meet can start a process toward character building in the work place and real world.

The third key characteristic of a good summer job is the ability to gain limited financial independence. Specifically, a summer job can help break ones' reliance on his or her parents for money during the summer months. This newfound independence can build a more adult-like sense of respect between the parents and the child. Consequently, taking more of a role in ones' personal finances teaches valuable lessons about spending a saving. Developing a stronger sense of financial responsibility take the burden off the parents while simultaneously pointing to the benefits of hard work and consistency. Additionally, taking on a job allows one to spend on needs like gas and wants like shoes. This is empowering and teaches frugality.

All in all, a summer job is defined by several key characteristics that can make it great. The flexibility present in the job is crucial. Flexibility in ones' work schedule is vital to a person's physical and intellectual well being as well as social life. Second, the promise of character building coupled with a healthy, positive work environment is a recipe for success. Learning the importance of integrity, honesty, and consistency can only improve ones' job prospects in the future. Third, a hallmark of a good summer job is its ability to provide limited financial independence. Without a doubt these vital characteristics constitute the key features of a good summer job.